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WAKE TO THE WAJIB OF THE FLOOD WITH WISDOM AND BRAVERY. READING AL QURAN 10:122

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AL QUR'AN 2: 183

Believers are commanded to fast in order to achieve taqwa (God Consciousness)



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MADE TO THE SPIRIT OF THE LUMINOUS WISDOM AND HEARTS READING AL QURAN 10:120

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5 PILLARS ISLAM

1. Pronouncing the *Shahadah* :

I bear witness that there no God except Allah and I bear witness that Muhammad is the Messenger of Allah

2. Solat 5 times a day

3. Pay *zakat*

4. **Fasting in Ramadan**

5. *Hajj* pilgrimage to Makkah



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WAKE UP TO THE SPIRIT OF THE LOVED WITH WISDOM AND BEAUTY. PISANG & QUBAL, YOLO!

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FASTING IS COMPULSORY - WAJIB

Muslims fast in the month of Ramadan every year



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WHAT IS FASTING ?

Abstain from all things that nullify
fasting

Beginning at dawn and ends at sunset

Make and affirm the intention to fast
and follow all of its conditions

Fasting only because of Allah



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WAKE UP TO THE WAY OF THE LIVED WITH WISDOM AND BEAUTY. PRAISEZ AL-QUAN 18/10/12

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CONDITIONS

The month of Ramadan has begun

Make and affirm the intention to fast

Abstain from eating, drinking and sexual relations during the day

Abstain from vomiting

Of a sound mind

Has reached a mature age

Muslim

Women in the state of purity



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WAKE UP TO THE SUN OF THE LOVE WITH WISDOM AND BEAUTY. PRAISEZ AL-QURAN 10:100

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NIYYAH: THE INTENTION IN ONE'S HEART TO DO AN ACT FOR THE SAKE OF ALLAH

“I FAST TOMORROW IN THE MONTH OF RAMADAN FOR THE SAKE OF ALLAH”

THE INTENTION IS MADE BEFORE TIME OF DAWN (*SUBUH*)



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WHEN DOES THE MONTH OF RAMADAN START

Sighting the crescent moon (*hilal*)

Calculating by the use of
astronomy (*hisab* and *falak*)



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FASTING BEGINS AT *SUBUH*

- STOP EATING AND DRINKING BEFORE DAWN



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MAKING THE WAY OF THE LORD WITH WISDOM AND BEAUTY. PRACTICING AND GROWING TOGETHER.

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BREAK THE FAST AT MAGHRIB

- AT SUNSET



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WAFD 1518 601 OF THE UIC WITH MEDICAL BEAUTY, PSYCHOLOGY, QURAN, YOGA

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THINGS THAT NULLIFY FASTING

- PURPOSELY EATING OR DRINKING EVEN A SMALL PORTION .
- BUT IF SOMEONE GENUINELY FORGETS AND UNINTENTIONALLY EATS OR DRINKS THEN IT IS PERMISSIBLE.
- PUTTING THINGS IN MOUTHS, NOSES ETC.
- VOMITTING INTENTIONALLY
- MENSTRUATION AND POST NATAL PERIOD FOR LADIES
- LOSING SANITY
- SEXUAL RELATIONS



FORGETTING HONESTLY

- HADITH RASULULLAH ﷺ :
- *“WHOEVER EATS OR DRINKS (DURING RAMADAN) IN FORGETFULNESS, IT DOES NOT NULLIFY FASTING. IT IS A BLESSING FROM ALLAH.”*



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SUNAT IN RAMADAN (ADDITIONAL ENCOURAGED WORSHIP)

- EAT EARLY BREAKFAST IN THE MORNING (*SAHUR*)
- BREAK THE FAST PRECISELY ON TIME AND RECITE SUPPLICATIONS (*DU'A*)
- PERFORM MORE AND MORE WORSHIP, *SOLAT TARAWIH*, *DU'A*, *SOLAT SUNAT* – *ADDITIONAL SOLAT*
- DO MORE GOOD WORK AND INCREASE CHARITY
- GIVE ALMS DONATIONS AND BE MORE GENEROUS, KINDFUL AND HELPFUL
- READ, LEARN AND PONDER THE MEANINGS OF *AL QUR'AN*
- FEED THE PEOPLE WHO FAST – SPONSOR THE BREAKING OF FAST EVEN WITH A PIECE OF DATE
- REFRAIN FROM ALL BAD HABITS – ABSTAIN FROM BAD BEHAVIOR – BACK BITING, LYING, BAD MOUTHING, BEING INCONSIDERATE
- REFRAIN FROM GARGLING AND MOUTHWASHING DURING THE DAY
- SPEND THE LAST 10 DAYS IN THE MASJID , *IKTIKAF* AT THE END OF RAMADAN

ANGER MANAGEMENT N PATIENCE (SABAR)

- HADITH RASULULLAH ﷺ :
- RESPOND TO PROVOCATIONS AND TAUNTS BY SAYING 'I AM FASTING'
- ALLAH LOVES THE PATIENT, NOBLENESS, TAQWA AND IMAN



AKHLAK – CHARACTER OF A PERSON FASTING

- HADITH RASULULLAH ﷺ :

“A FASTING PERSON WHO STILL PERSISTS IN TELLING LIES AND DOING EVIL, ALLAH DOES NOT NEED THAT PERSON’S FAST.”



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GENEROSITY OF RASULULLAH ﷺ

- RASULULLAH ﷺ WAS MOST GENEROUS ESPECIALLY DURING RAMADAN
- NABI ﷺ PERFORMED CHARITY FASTER THAN THE BLUSTERING WIND



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WAKE UP TO THE SPIRIT OF THE LORD WITH WISDOM, BEAUTY, PEACE AND COURAGE

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THE EXTRAORDINARY SPECIALITY OF A FASTING PERSON

- HADITH RASULULLAH ﷺ:
- *“THE FOUL SMELL OF THE BREATH OF A FASTING PERSON IS CONSIDERED MORE PLEASANT TO TO ALLAH THAN THE SCENT OF PERFUMES”*



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PERMISSIBLE NOT TO FAST BUT MUST REPLACE THE NUMBER OF DAYS MISSED

- THE SICK
- TRAVELLERS – *MUSAFIR*
- PREGNANT WOMEN
- LADIES IN THEIR MENSTRUAL OR POST NATAL PERIOD



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Permissible not to fast and permissible not to replace, but must pay the *fidyah* as restitute

- Permanently disabled
- Too old and too weak
- Incurable ailment

Fidyah is a sum to feed a poor person daily



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BENEFITS OF FASTING

- DISCIPLINE IN FAITH
- TRAINS US TO CONTROL OUR DESIRES
- TO USED TO LEAVING OUT THINGS WE LOVE IN THIS WORLD
- TESTING TANGIBLE SINCERITY WITH ALLAH
- FEELING CLOSER TO ALLAH
- SPIRITUAL SELF PURIFICATION
- A FULL MONTH IN A CONTINUOUS STATE OF GOD CONSCIOUSNESS (TAQWA)
- TRAINS US TO BE TRUSTWORTHY
- TEST IN PATIENCE



BENEFITS OF FASTING

- BECOME BETTER MUSLIMS
- FEELING EMPATHY WITH POOR N THE NEEDY EXPERIENCING HUNGER AND THIRST
- CREATE THE SPIRIT OF BROTHERHOOD
- TRAIN OURSELVES IN DIFFICULTY
- LIVING A LIFE OF STRUGGLE
- COMMEMORATING THE REVELATION OF *AL QUR'AN*
- STAYING HEALTHY, DIETING AND NOT TO EAT TOO MUCH



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RAMADAN OFFERS

- BLESSINGS FROM ALLAH
- FORGIVENESS BY ALLAH
- ESCAPE FROM HELLFIRE
- ENTRANCE TO PARADISE
- OPPORTUNITY TO RECEIVE REWARDS OF *LAILATUL QADAR* (NIGHT OF POWER)



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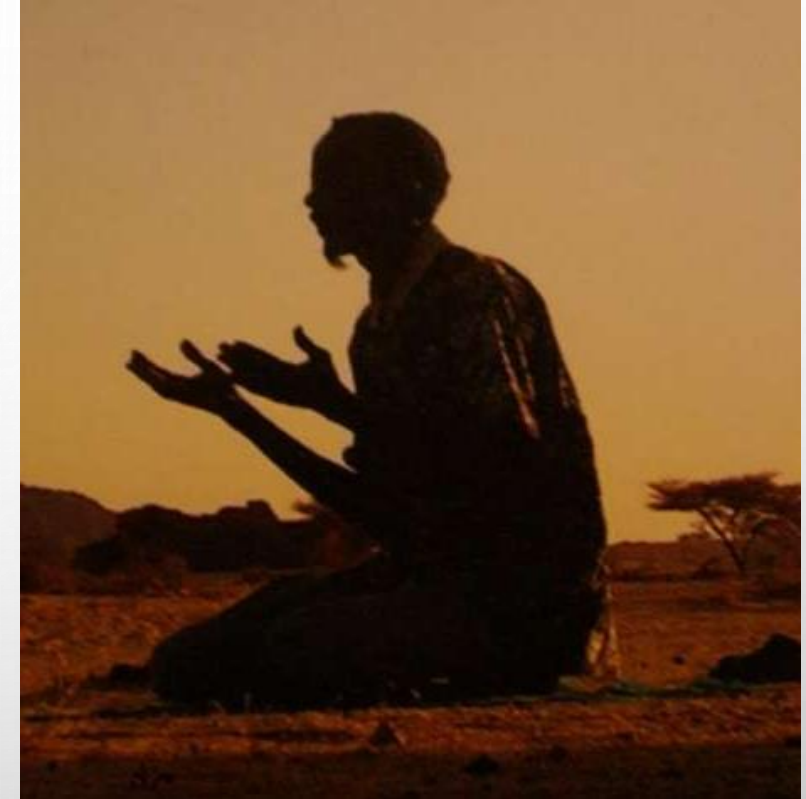
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DOA PRAYER UPON BREAKING THE FAST

“O ALLAH,
BECAUSE OF YOU WE FAST
AND WITH YOUR GRACE WE BREAK THIS FAST
AND TO YOU WE PLACE OUR FAITH”



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PEOPLE WHO FAST ARE MOST HAPPY

- UPON BREAKING THE FAST IN THE EVENING
- ON THE DAY OF *EID UL FITR* (CELEBRATION AT THE END OF RAMADAN)
- UPON SEEING ALLAH IN THE HEREAFTER



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ENCOURAGED IN BREAKING FAST

- HADITH RASULULLAH ﷺ:

“WHEN BREAKING THE FAST, START WITH DATES. IF THEY ARE UNAVAILABLE, START BY DRINKING WATER BECAUSE WATER IS PURE.”



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ADVANTAGES OF SPONSORING BREAKING OF FAST

- HADITH RASULULLAH ﷺ:

*“WHO EVER FEEDS THE FASTING PEOPLE IN
BREAKING THEIR FAST, THE REWARDS ARE THE
SAME AS IF THEY ARE FASTING.”*



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SAHUR – EARLY MORNING BREAKFAST

- HADITH RASULULLAH ﷺ:

- *EAT SAHUR BECAUSE SAHUR HAS BLESSINGS*



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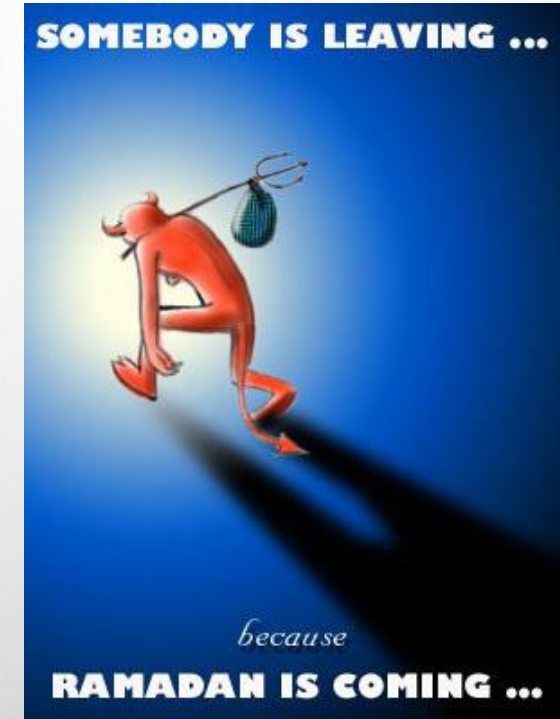
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SYAITAN, THE DEVIL IS IN CHAINS

- HADITH RASULULLAH ﷺ:

“WHEN RAMADAN COMES, THE DOORS OF HEAVEN ARE OPEN, THE DOORS OF HELL ARE SHUT, SYAITAN IS SHACKLED”



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WAME IS THE WAY OF THE LORD WITH WEDDING BEAUTIFUL PISANG & QUBAL YOLO

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A MONTH OF DEVOTION, DIVINE COMMEMORATION AND SPIRITUAL CELEBRATION

- EVERY DAY WE CELEBRATE WHEN WE BREAK OUR FAST
- WE SPEND RAMADAN IN COMMEMORATING THE QUR'AN
- AT THE END OF RAMADAN – WE CELEBRATE *'EID UL FITR*



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AL QUR'AN 2:185

- RAMADAN IS THE MONTH OF THE REVELATION OF AL QUR'AN
- AL QUR'AN IS GUIDANCE FOR MANKIND AND PROOF OF GUIDANCE
- AL QUR'AN IS THE CRITERIA TO DISTINGUISH BETWEEN GOOD AND EVIL



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WISMA 55, THE SPIRIT OF THE UMMAH, WISMA MUDA, BEAUFORT ROAD, GEORGETOWN, PENANG, MALAYSIA

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REWARDS OF RAMADAN

- HADITH RASULULLAH ﷺ:

“WHOEVER FASTS IN THE MONTH OF RAMADAN FOR THE SAKE OF ALLAH IN FAITH AND HOPEFULNESS, ALLAH SHALL DISTANCE THE PERSON 70 YEARS (FAR AWAY) FROM HELLFIRE”



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VIRTUES OF WORSHIP DURING MONTH OF RAMADAN

- HADITH RASULULLAH ﷺ:

“WHOEVER PERFORMS WORSHIP IN THE MONTH OF RAMADAN WITH DEEP FAITH AND SINCERITY, ALLAH SHALL FORGIVE ALL SINS OF THE PAST.”



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VIRTUES OF SOLAT AND RAMADAN

- HADITH RASULULLAH : ﷺ

“PERFORMING THE FIVE DAILY PRAYERS FROM FRIDAY TO THE NEXT FRIDAY, AND FROM RAMADAN TO THE NEXT RAMADAN THE FOLLOWING YEAR, SHALL WIPE OUT ALL SINS AS LONG AS MAJOR SINS ARE AVOIDED.”



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VIRTUES OF FASTING AND THE AL QUR'AN

- HADITH RASULULLAH : ﷺ

“FASTING AND THE AL QUR’AN SHALL PROVIDE SYAFA’AT (HELP) ON THE DAY OF JUDGEMENT”



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WAME 55 THE WAY OF THE LOVER WITH WEDDING BEAUTY PINANG & QUILA 1020

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VIRTUES OF FASTING

- HADITH RASULULLAH : ﷺ

“PARADISE HAS A SPECIAL DOOR NAMED AR RAYYAN SPECIFICALLY FOR PEOPLE WHO FAST”



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THE POWER OF THE *DU'A* (PRAYERS) OF PEOPLE WHO FAST

- HADITH RASULULLAH : ﷺ

THREE PERSONS WHOSE PRAYERS ARE SURE TO BE GRANTED:

- *A PERSON WHO IS FASTING UNTIL THE TIME OF BREAKING FAST*
- *A JUST LEADER*
- *PRAYERS OF THOSE OPPRESSED*



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SOLAT TARAWIH

- SOLAT PERFORMED AT NIGHT AFTER SOLAT ISYA'
- CONSISTS OF 2 RAKAATS AND THEN SALAM
- IT IS *SUNAT* – GREATLY ENCOURAGED
- ENCOURAGED TO PERFORM IT IN CONGREGATION (*JAMA'AH*) AT THE MASJID
- A CHOICE OF 8 OR 20 RAKAATS
- COMPLEMENTED AT THE END OF SOLAT TARAWIH WITH 3 RAKAATS OF SOLAT WITIR
- THIS SOLAT IS ONLY OFFERED IN RAMADAN



LAILATUL QADAR (NIGHT OF POWER)

- IT IS A UNIQUE NIGHT FULL OF BLESSINGS
- IT IS THE ANNIVERSARY AND COMMEMORATION OF THE REVELATIONS AL QUR'AN
- ABUNDANCE OF REWARDS
- STRONGLY RECOMMENDED PERFORM AS MUCH OF WORSHIP AND DEVOTION TO ALLAH BY SUNAT SOLAT TARAWIH, SOLAT SUNAT, READING AL QUR'AN, DU'A, LATE NIGHT/ EARLY MORNING VIGIL, BEING IN CONSTANT REMEMBRANCE AND GOD CONSCIOUSNESS
- FAST WITH EXCELLENCE AND DISTINCTION



VIRTUES OF LAILATUL QADAR

- HADITH RASULULLAH : ﷺ

“ WHO EVER PERFORMS WORSHIP ON THE NIGHT OF POWER – LAILATUL QADAR WITH DEEO FAITH AND HOPEFULESS TOWARDS ALLAH, ALLAH SHALL FORGIVE ALL SINS OF THE PAST.”



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CHILDREN

- CHILDREN ARE ENCOURAGED AND NURTURED TO ENJOY THE BUSTLING JOY AND HAPPINESS OF RAMADAN, BREAKING OF FAST, GOING TO THE MASJID TOGETHER AND EXPERIENCING RAMADAN AS A FAMILY AND COMMUNITY
- CHILDREN ARE ENCOURAGED TO FAST BUT ARE NEVER FORCED TO THEY SHALL LEARN IN TIME
- GIFTS AND PRESENTS ARE ENCOURAGED



ZAKAT FITRAH

- *ZAKAT FITRAH IS OBLIGATORY ON EACH AND EVERY MUSLIM WHO AFFORDS IT*
- *IT IS TO BE PAID FRO EVERYONE MEMBER OF THE FAMILY*
- *IT PURIFIES AND CLEANSE, PERFECTS THE FASTING THROUGHOUT THE MONTH OF RAMADAN*
- *IT IS TO HELP THE POOR AND THE DEPRIVED A MEANS TO CELEBRATE 'EID UL FITR*
- *ZAKAT FITRAH IS AN AMOUNT EQUIVALENT TO THE PRICE OF 2.7 KG OF RICE (TO FEED THE POOR)*



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FASTING AND RAMADAN OFFERS:

- The mercy and blessings of Allah
- Allah's forgiveness
- Escape from the fires of Hell
- Rewards of Paradise
- Chance to obtain good deeds, complete devotion and worship on the night of *lailatul qadar*



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