

PERFORMING THE SOLAT



Islamic Outreach - ABIM

WAKE TO THE WAY OF THE LORD WITH WISDOM, TEACHING AL-QURAN IN 120

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أنا من أجل الله والدين

Preparation before solat

- ▶ Clean and neat surroundings
- ▶ Cover the *aurat* – parts of body that must covered
- ▶ Using the cleanest and best clothes that we have

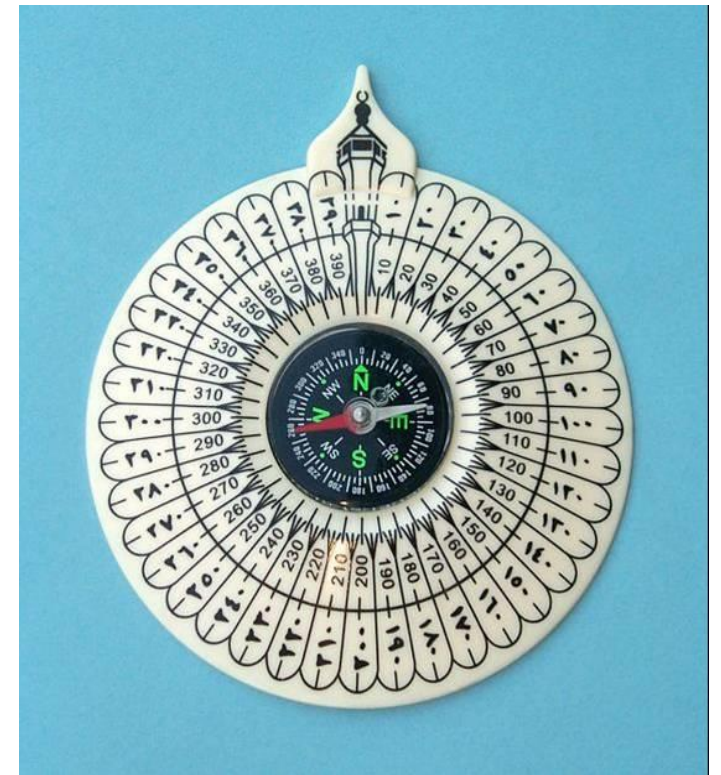


Conditions for prayers

- ▶ Clean body
- ▶ Clean clothes and place
- ▶ Cover *aurat*
- ▶ We know the time to pray
- ▶ Face the *qiblat*/ Makkah

Qiblah

- ▶ Muslims in prayer, face the direction of Qiblah which is the Ka'bah at the Holy Masjid in Makkah
- ▶ Ka'bah symbolizes unity of the religion and unity of the Muslim community in brotherhood all over the world from all races and colours together worshipping the One True God, Allah.



Fundamental Rules of Solat : Obligatory rites (*Wajib*)

1. Intention
2. Standing upright
3. *Takbir*
4. Read Surah al fatihah
5. *Ruku'* (bow)
6. *I'tidal* – rising up from *ruku'* and standing up briefly
7. *Sujud* (prostration)
8. Sitting in between *sujud*
9. Final sitting
10. Read the final *tashahud*
11. Read salawat prayers upon the prophet
12. Give *salam*
13. In its order accordingly



Example of *Solat Zohor*

4 RAKA'ATS



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Raka'at 1



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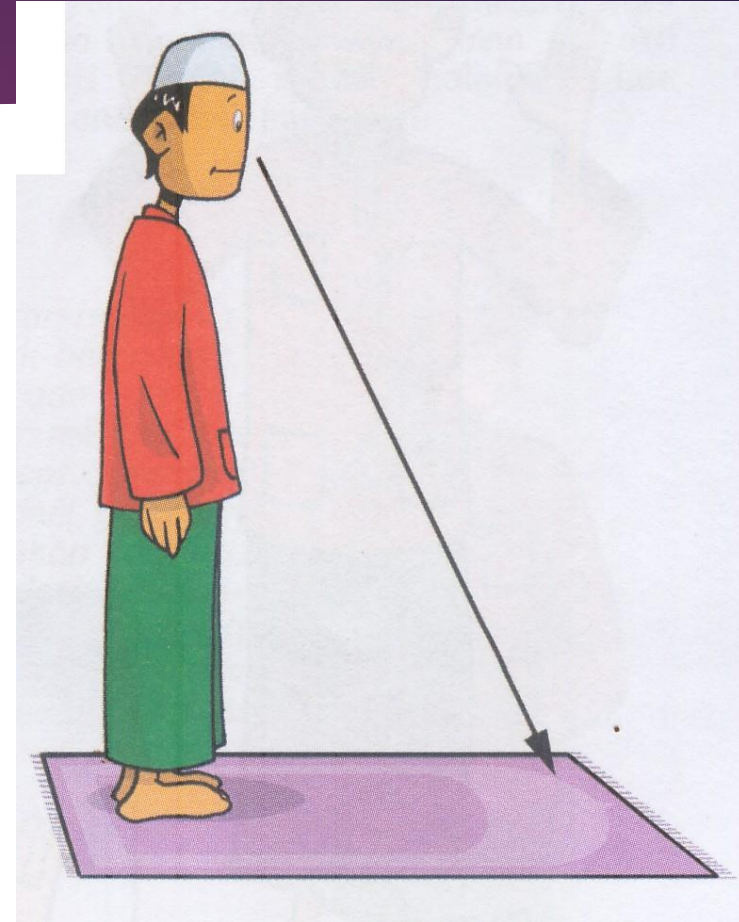
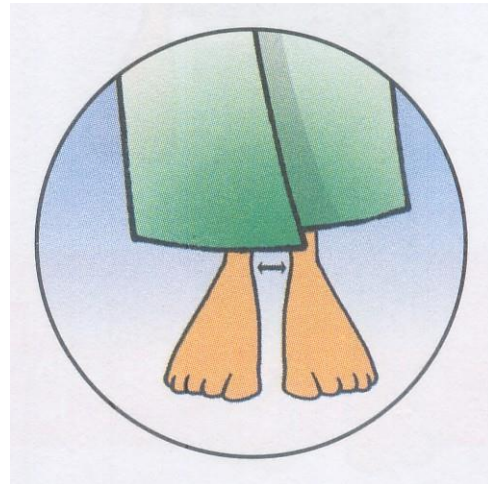
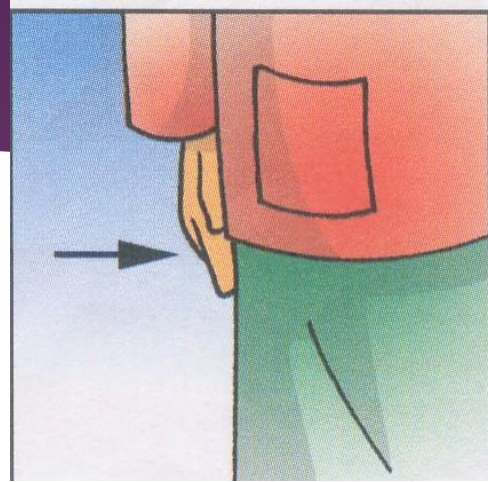
WAKAF TO THE WAY OF THE UMMAH WITH WISDOM AND COURAGE. BERKUALITI, BERKEMAMUAN.

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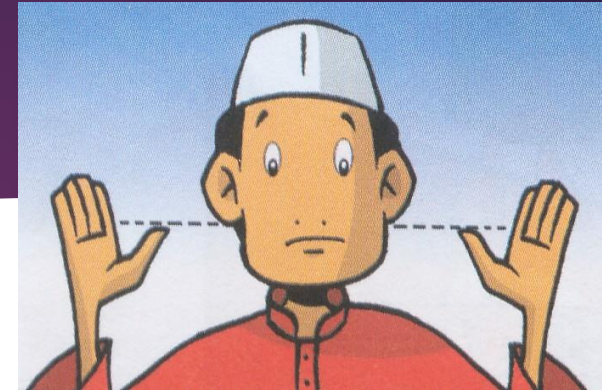
اكتون لمباركنا بلبيا

Stand Upright



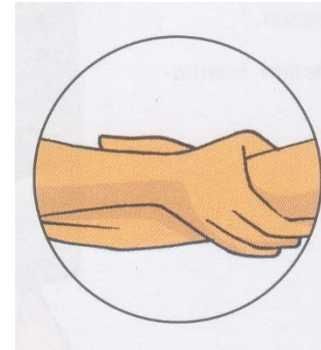
Takbir

- ▶ Say '**Allahu Akbar**'
- ▶ 'Allah is the Greatest'



Read Surah al Fatihah

1. *Bismillahir rahmanir rahim*
2. *Alhamdulillahil rabbil 'alamin*
3. *Arrahmanir Rahim*
4. *Maliki yaumiddin*
5. *Iyyaka na' budu wa iyyaka nasta'in*
6. *Ihdinas sirotol mustaqim*
7. *Sirotolladhi na an am ta alayhim
ghairil maghdu bi alayhim
walladollin*

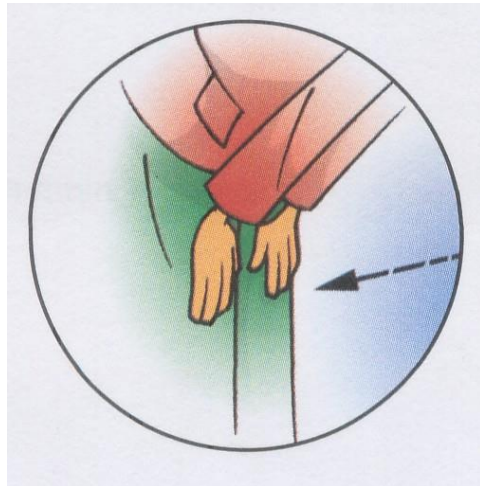


Surah al Fatihah (Meaning)

1. In the name of Allah, The Most Gracious, The Most Merciful
2. All praise be to Allah, Lord of the Universe
3. The Most Gracious, the Most Merciful
4. Lord of the Day of Judgement
5. To You we worship and to You we ask for help
6. Guide us the straight way
7. The path of those who you have given blessings
not the path of those who have been condemned
not the path of those who have gone astray



Ruku' (Bowing)



Say '**Sub-hana Rabbi-al 'aZheem**' (3 times)

Translation: Glory to my Lord the Exalted

Iktidal – Rising up from ruku' and briefly standing still

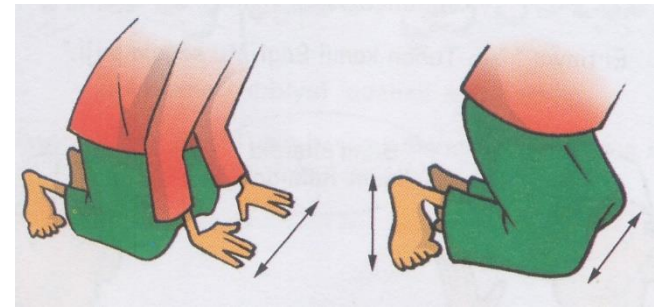
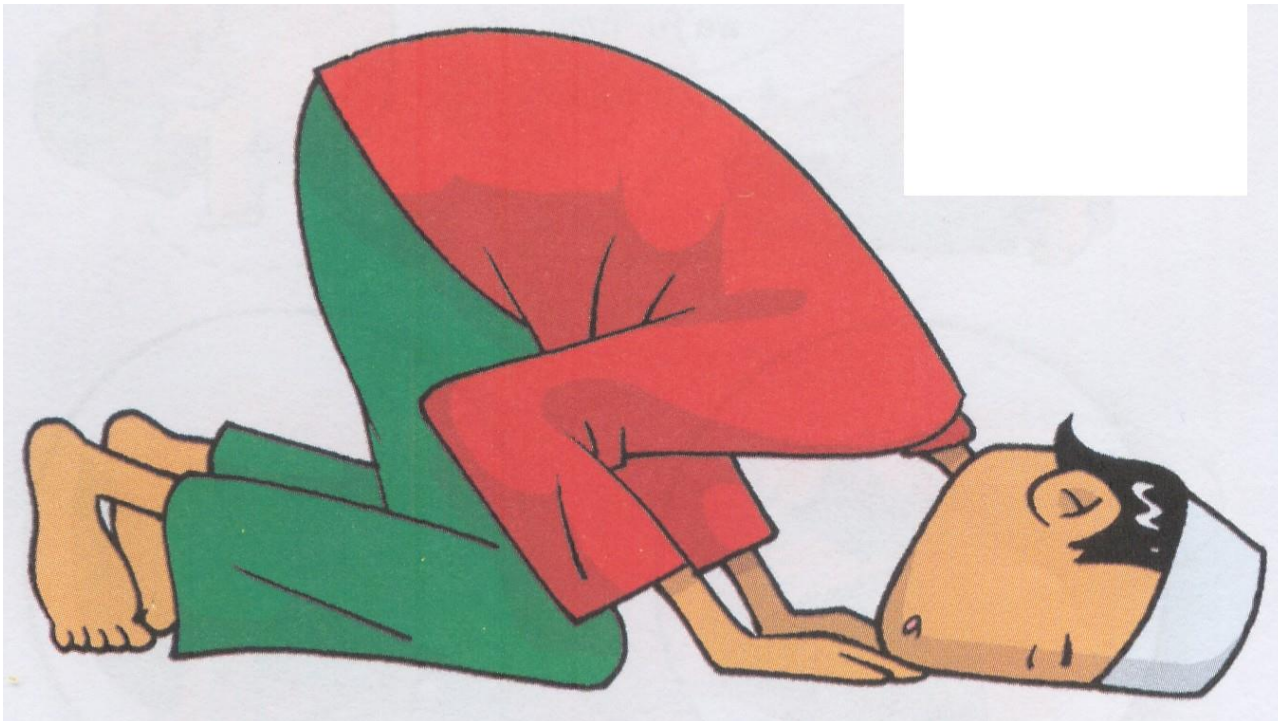
- ▶ Rise up and stand up briefly
- ▶ Say, '***Sami 'allah hu liman hamida.
Rab-bana lakal hamd.***'
- ▶ Translation: Verily Allah listens to one who praises Him. Oh our Lord, all praises be to You.



Sujud - prostration

Say, '**Sub-hana Rabbi yal aa'la**' (3 times)

Translation: Oh Allah, glory be to you, the most High

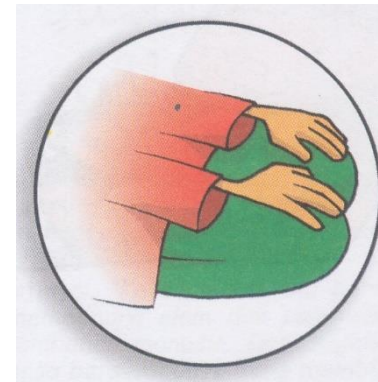


Sitting in between *sujud*



Say, '**Rabbifir li**'

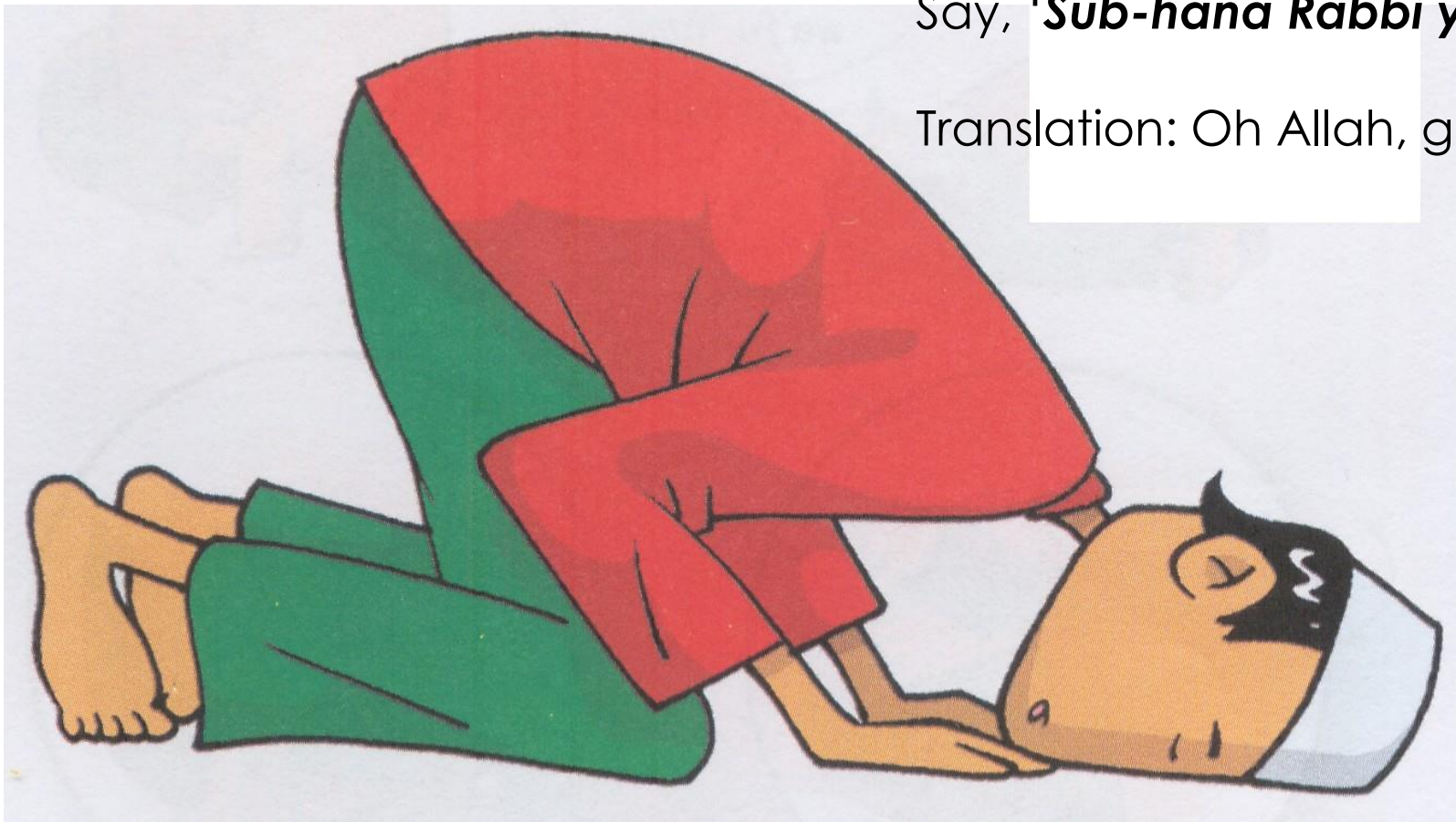
Translation: O my Lord! Forgive me.



Sujud

Say, '**Sub-hana Rabbi yal aa'la**' (3 times)

Translation: Oh Allah, glory be to you, the most High



Raka'at 2



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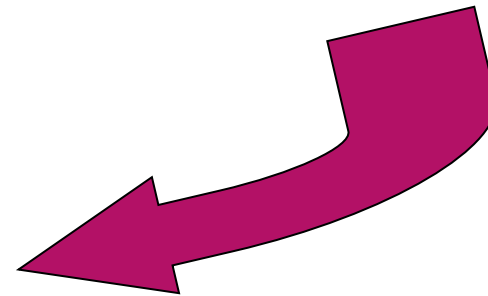
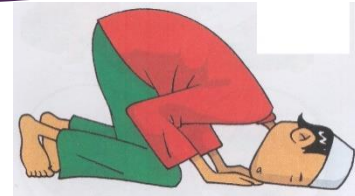
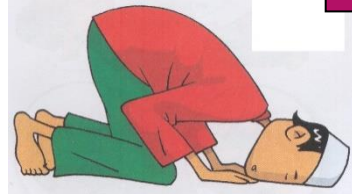
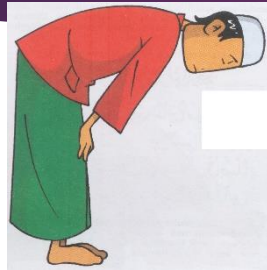
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أمانة الجالية الإسلامية

2nd Rakaat



Sitting for *tashahud awal*



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Sitting for *tashahud awal*

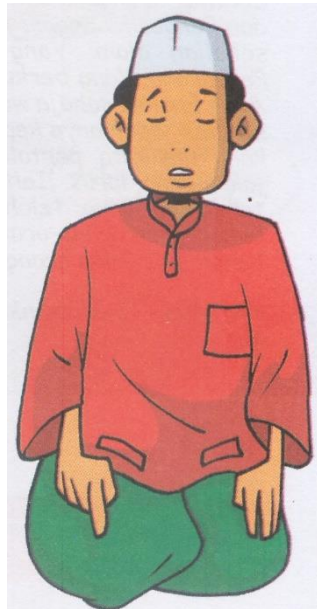
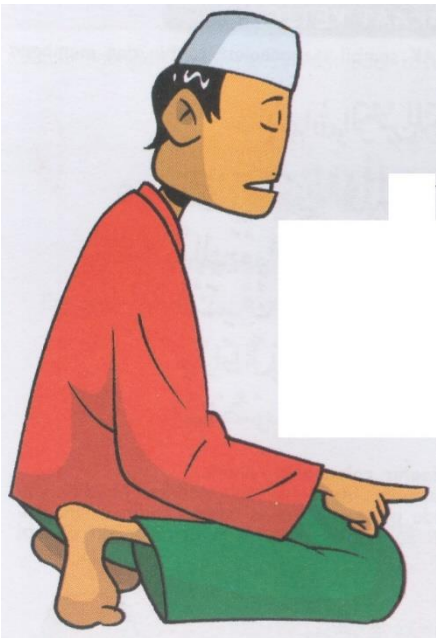
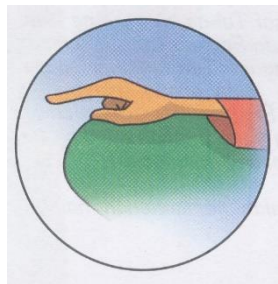
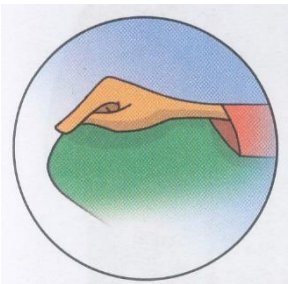
Say,

***Attahiyyatul mubarakaatul solawaatut toyyibatu lillaah,
Assalaamu'alaika ayyuhan nabiyyu warahmatullaahi
wabarakaatuh,***

Assalaamu'alaina wa'ala 'ibaadillaahis solihiin.

***Asyhadu allaa ilaaha illallaah, wa asyhadu anna Muhammadar
rasuulullaah.***

Allahumma solli 'alaa Muhammad wa 'ala aalihi Muhammad



Greetings, prayers and goodness belong to Allah.

Peace be on you, O Prophet and the mercy of Allah and His blessings.

Peace be on us and on the righteous servants of Allah

I bear witness that there is no god but Allah, and I bear witness that Muhammad is His Messenger

Oh Allah, send grace and honour on Muhammad and On the family

Raka'at 3



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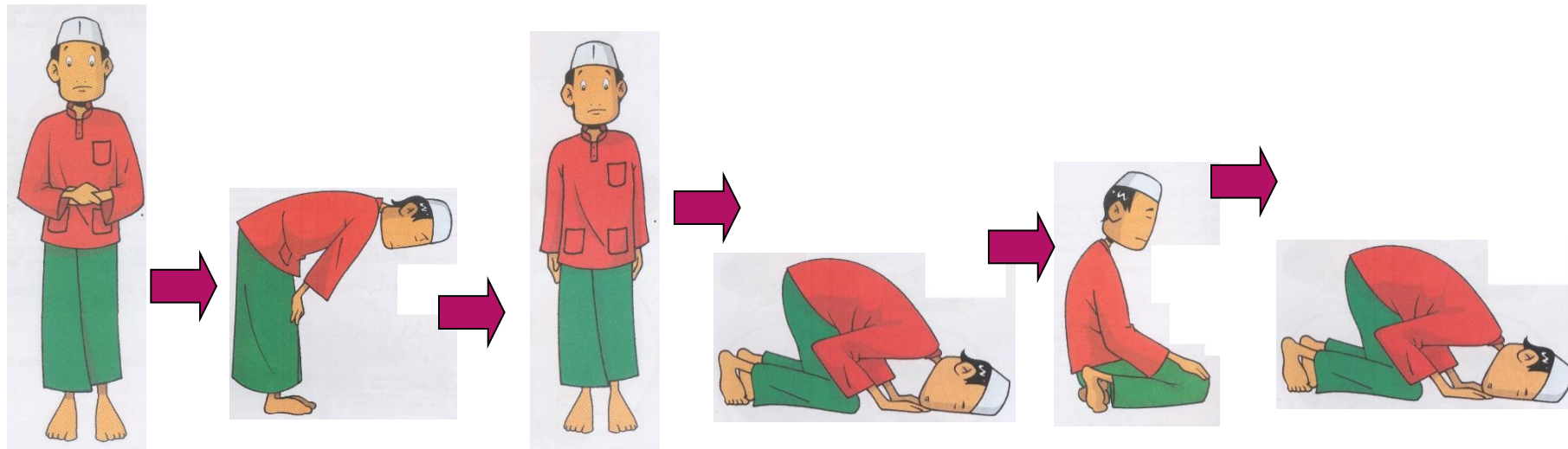
WAKIL KESELURUHAN DAPAT MENYAMPAIKAN PESAN ISLAM KE SELURUH NEGARA

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أبواب الدعوة الإسلامية

3rd Raka'at



Raka'at 4



إسلام Outreach

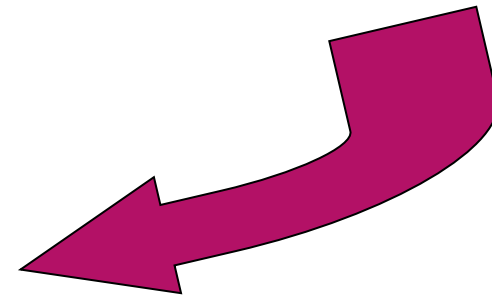
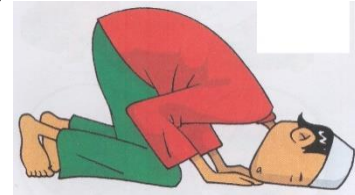
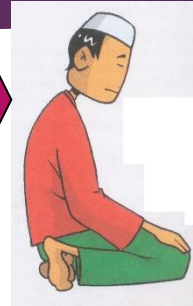
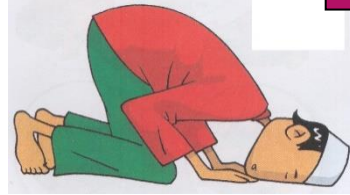
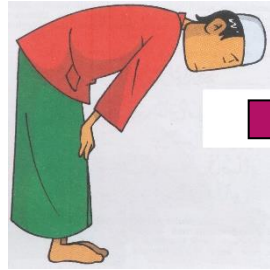
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WELCOME TO THE SPIRIT OF THE UMMAH WITH WELCOME AND RESPECT. TEACHING IS OUR PASSION.

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4th Rakaaat



Sitting for final *tashahud*



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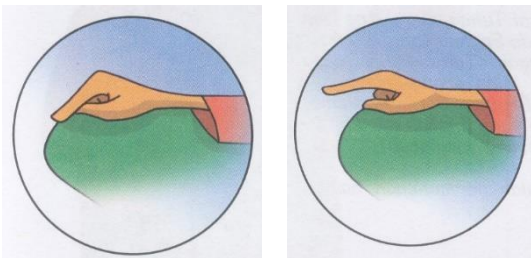
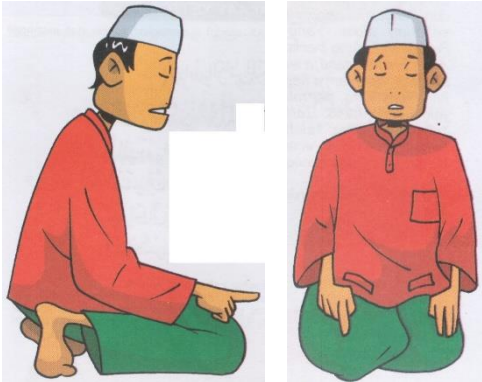
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Sitting for final *tashahud*

Say,

***Attahiyyatul mubarakaatul solawaatut toyyibatu lillaah,
Assalaamu'alaika ayyuhan nabiyyu warahmatullaahi wabarakaatuh,
Assalaamu'alaina wa'ala 'ibaadillaahis solihiin.
Asyhadu allaa ilaaha illallaah, wa asyhadu anna Muhammadar rasuulullaah.
Allahumma solli 'alaa Muhammad wa 'ala aalihi Muhammad
kamaa solaita 'ala Ibrahiim wa 'ala aalihi Ibrahiim,
wa baarik 'ala Muhammad wa 'ala aalihi Muhammad,
kamaa baarakta 'ala Ibrahiim wa 'ala aalihi Ibrahiim,
fil alamina innaka hamiidum majiid***



Greetings, prayers and goodness belong to Allah.

Peace be on you, O Prophet and the mercy of Allah and His blessings.

Peace be on us and on the righteous servants of Allah

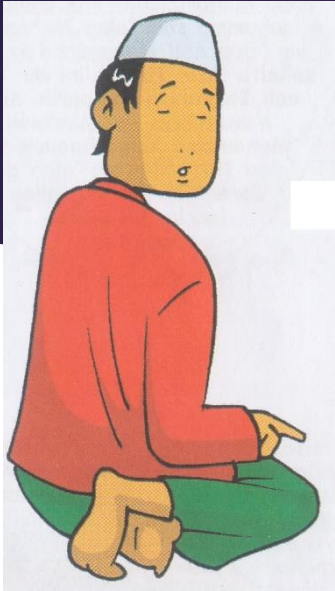
I bear witness that there is no god but Allah, and I bear witness that Muhammad is His Messenger

Oh Allah, send grace and honour on Muhammad and on his family just as you sent Grace and Honour on Ibrahim and on the family

O Allah, bless Muhammad and the family of Muhammad as You blessed Ibrahim and the family of Ibrahim.

Truly You are Praiseworthy and Glorious

Give Salam



Say,

As-salamu 'alaykum wa rah-matul lah

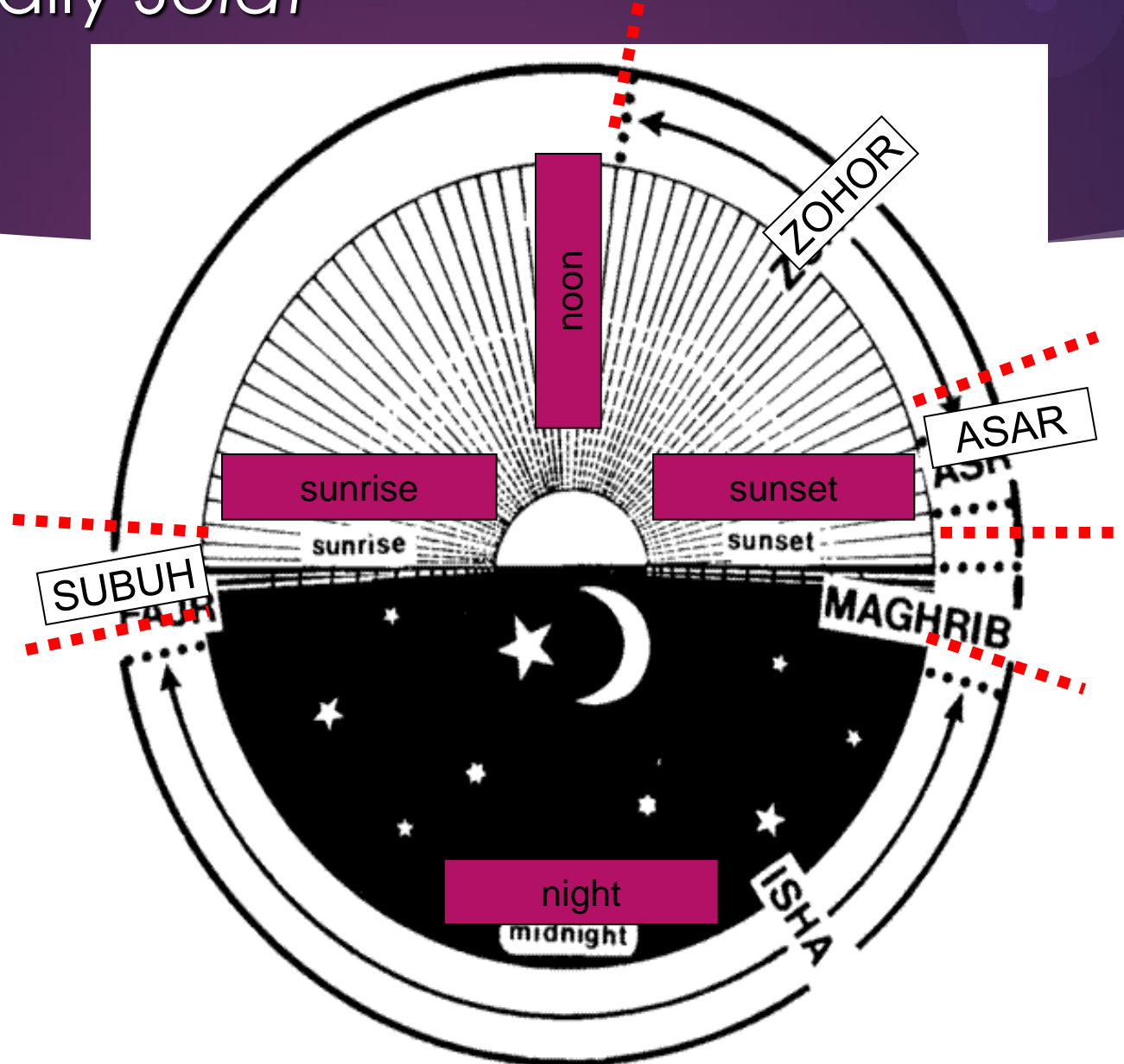
Translation:

Peace be on you and the mercy of Allah.

Solat 5 times a day

- ▶ Subuh (dawn)– 2 raka'at
- ▶ Zohor (noon)– 4 raka'at
- ▶ Asar (late afternoon)– 4 raka'at
- ▶ Maghrib (sunset) – 3 raka'at
- ▶ Isya' (night)– 4 rakaat

Times for Daily Solat



Hadith (sayings) of Prophet Muhammad s.a.w. on Solat

- ▶ Allah commands 5 times daily solat. Whoever performs without fail, Allah guarantees paradise
- ▶ *Solat* 5 times a day will wash away sins just like water washes away dirt
- ▶ *Solat* is the pillar of religion
- ▶ On the day of judgement, the first thing asked shall be *solat*
- ▶ Whoever prays, Allah shall shower limitless blessings



Solat jamaah – performed together in congregation

- ▶ Hadith: Reward for *solat jamaah* is multiplied 27 times
- ▶ By congregating, Muslims get to know each other better, stay united, helping out one another, spread love and care, visiting one another
- ▶ In the masjid and rows of *solat*, all Muslims are equal



Sujud – prostration is remarkable

- ▶ *Sujud* is the nearest and closest position to Allah
- ▶ It is the most noble spot or place
- ▶ *Do'a* – saying prayers, seeking supplications is best done during *sujud*
- ▶ Take your time in performing *sujud*



Children in *Solat*

- ▶ Best time to encourage children when they are 7 years old
- ▶ Start commanding them when they reach the age of 10
- ▶ Obligatory upon them when they reach puberty - *baligh*



Solat for the sick and elderly

- ▶ If possible, perform by standing up
 - ▶ If not able, *solat* by sitting down
 - ▶ If not able to sit, then *solat* by lying down
 - ▶ If still not able, pray by heart and eye movements
-
- ▶ Whatever the condition is, the 5 times daily *solat* must be performed



Actions which nullify *solat*

- ▶ Pass wind, urination, defecation – must perform wudu ablution again
- ▶ Purposely talking, saying something – perform *solat* over again
- ▶ Purposely moving more than 3 times continuously
- ▶ Touching things impure - *najis* – wash that part involved
- ▶ Exposed *aurat* – forbidden part of body
- ▶ Eating and drinking
- ▶ Laughing
- ▶ Going faster and ahead of the Imam

Wisdom of Solat

- ▶ Solat – is direct communication with Allah, worship and remembrance of Allah
- ▶ A place, a situation where we seek guidance - *hidayah*, , help
- ▶ Getting closer to Allah
- ▶ Increases our faith - *iman*
- ▶ Increases *taqwa* – state of God consciousness
 - remembrance, fear, hope and love of Allah
 - doing all that Allah commands, abstaining from all that Allah forbids



Wisdom of Solat

- ▶ Purifies the heart, the soul, makes us more sincere
- ▶ Peace and tranquility in worship
- ▶ Protection from evil, enable control of our desires, and fighting *syaitan* – the devil
- ▶ Humility, submission, bowing, surrendering to Allah
- ▶ Being happy, thankful and being content with Allah
- ▶ Trains us on self discipline, punctuality and the sense of purpose in life
- ▶ Solat prevents us from committing sins and bad things
- ▶ Solat eliminates sins
- ▶ Solat is the barrier between faith and disbelief – *iman* and *kufr*